

1. **abandon** (v) leave, quit, desert

When the river flooded we had to *abandon* our homes.

2. **ability** (n) ability is the noun that comes from the adjective 'able'

I know I have the *ability* to do better

3. **abolish** (v) stamp out, put an end to

The government has *abolished* smoking in public places.

4. **absent** (adj) away, not present, off

Nathan was *absent* from school on Friday.

5. **absorb** (v) soak up, mop up

Use a cloth to *absorb* the water.

6. **accelerate** (v) speed up, go faster

The train began to *accelerate* as it pulled out of the station.

7. **absurd** (adj) ridiculous, crazy, mad

The idea that little green men live on Mars is *absurd*.

8. **adapt** (v) alter, change, adjust

I want to *adapt* my bike to make it go faster.

9. **admire** (v) respect, look up to, think highly of

I really do *admire* Uncle Jim for running the London Marathon.

10. **adorable** (n) lovable, appealing, charming, sweet

An *adorable* little kitten

11. **affection** (n) fondness, tenderness, love

Lucy looked at her mum with *affection*.

12. **alert** (adj) wide-awake, sharp, attentive

You seem to be very *alert* this morning.

13. **ally** (n) friend, partner

America was an *ally* of Britain in World War II.

14. **alter** (v) change

We had to *alter* our route after one of the roads was closed.

Please can you underline two antonyms in the sentences below?

1	The first act in the play was not nearly as good as the closing scene.
2	The British cyclist led right from the start, went on to win the race, and was followed over the finish line by the Belgian competitor.
3	After a long day at work in the office, it's nice to spend the evening playing squash at the leisure centre.
4	My brother loathes the colour pink, but it is my little sister's favourite; she loves it.
5	After some building work, Amy had transformed her ordinary terraced house into a magnificent home.
6	Although the school trip to the Roman Villa was boring, the teacher managed to make the journey home on the coach really exciting.
7	I have loads of lines to memorize for the Christmas play and I am really nervous and hope I don't forget some of them.
8	Yet again, I've mislaid my phone and when I've found it I'm sure the battery will have ran out.
9	My football boots were incredibly mucky after the match and it's going to take a lot of scrubbing to get them clean again.
10	Although Peter's family were really quite poor when he was a child, he worked very hard and ended up being a very wealthy man.
11	Poppy's new Labrador puppy was extremely naughty and had to go to dog training classes for more than a year to teach him to be a little bit more obedient.
12	Pillows, sleeping bags and towels are essential items to take on a camping trip, whereas ipads and iphones really are unnecessary.
13	Anna's mum decided that she would take an umbrella with her because she thought it possibly could rain later and she knew she definitely wouldn't get wet if she was prepared for a shower.
14	The public entrance to Buckingham Palace is on the left of the building but most of the state rooms are private and not accessible on the tour.
15	Kate bought some study guides on an auction website but they weren't really what she expected so she sold them to her friend.

sweet	strict	portion	world
sections	ahead	swiftly	burning
costly	immensely	brag	figure
notion	options	extending	usually

Japanese Food.

Fugu.

The fugu fish is considered a delicacy in Japan and is eaten raw and served in thin slices. The fish is incredibly fashionable and expensive¹. Diners love to boast² about having eaten fugu and survived the experience because a single fugu contains enough poison to kill 30 adults. To qualify to as a licenced fugu chef, applicants must complete two full years of rigorous³ training under the close supervision of a master fugu chef. The chefs must learn how to prepare fugu, separating the highly poisonous organs from those that are edible. They also have to learn how to correctly identify all 12 species of the fish. There is a two hour written examination at the end of the course and typically⁴ a mere twenty percent of applicants will pass. The successful chefs will then be licensed to serve fugu dishes in their restaurants, charging customers over £300 each.

The Japanese Kit Kat

Kit Kats are the most popular confectionery⁵ treat in Japan. 'Kit Kat' translates to 'kitto katsu', which is a Japanese expression meaning 'good luck'. The chocolate wafer bars are hugely⁶ popular as gifts for school children and university students as they are thought to bring good fortune in their exams. Traditionally, the snack has been made from chocolate, but the makers of Kit Kats hit upon the idea of expanding⁷ their Japanese range to pay tribute to some of the unique tastes and foods of Japan. Some of the more unusual flavours include Green Tea Kit Kats, Soy Sauce flavour Kit Kats and also a version with the fiery⁸ heat of wasabi. In Japan, sales of the more weird and wonderful flavoured Kit Kats have been so successful that Nestle - the makers of the sweet treats - has plans to open a brand new factory in order to cope with demand.

Mr. Kanzo.

The first Mr. Kanzo restaurant opened in Osaka in 2002 and has become so inexplicably successful that there are now seventeen outlets across Japan. Mr. Kanzo has no menus, only shelves stacked with hundreds of different types of canned food from across the globe⁹. Customers can choose from such delicacies as canned French salad and edible insects, all served cold in a can.

The Bento Box.

A bento is a take-home meal served in a box. Office workers buy them for lunch, schoolchildren eat from them at their desks and business travellers have them with a beer on the bullet train. Bento boxes all have small compartments¹⁰ which typically contain a serving of rice, a serving¹¹ of meat or fish, pieces of omelette and some vegetables. The charm of a Bento box is that there are hundreds of choices¹².

Christmas at KFC in Japan.

The first KFC Japan opened in Nagoya in 1970 and quickly¹³ gained popularity. That first Christmas, manager Takeshi Okawara overheard a large group of Americans talking about how they missed having turkey for Christmas in Japan. Okawara cleverly came up with the idea¹⁴ of a 'party barrel' of fried chicken Christmas dinner to celebrate the holiday. Over the years, KFC has become the traditional venue for the Japanese to trek to for their Christmas lunch and nowadays people have to book months in advance¹⁵ for a table to avoid disappointment. Ever since the '80s, Colonel Sanders, KFC's mascot, is dressed up for the holiday season and a life-sized illuminated model¹⁶ of him is put on display outside every single one of Japan's KFC restaurants.

The 284 second class passengers aboard the *Titanic* enjoyed a luxury that rivalled first class on other liners. Their cabins would have been on E Deck and they would have slept on bunk-beds. There were no private toilets for each individual cabin, although sinks and mirrors were provided. Bed linen would have been changed daily by the ship's stewardesses. Second class passengers would have enjoyed a hearty three-course dinner every evening, with a soup to start, then a choice of four main courses: haddock, chicken curry, roast lamb or turkey, followed by dessert and coffee. Here are some of the survivors:

Eva Hart 31/1/1905 - 14/2/1996

Eva was seven years old when she and her parents boarded the *RMS Titanic*. Throughout the voyage Eva's mother was convinced that some kind of catastrophe would befall the ship and as a result she barely slept at night. Eva was sleeping when the *Titanic* struck the iceberg and her father - who had been playing cards in the bar - rushed to his cabin to alert his wife and daughter. After wrapping Eva in a warm blanket he carried her to the boat deck. Mother and daughter were placed in Lifeboat Number 2 and he told Eva to "hold mummy's hand and be a good girl." It was to be the last time she would ever see her father. As one of the fortunate 118 passengers to survive from second-class, Eva Hart was later to become one of the most outspoken survivors concerning the ridiculously small number of lifeboats that were carried by the *Titanic*; there were only enough lifeboats to accommodate a third of the ship's total capacity. White Star Line wanted as few lifeboats on the *Titanic's* decks as possible in order to provide better views for first-class passengers and also to make the ship look more attractive from the outside.

Michel Navratil 12/6/1908 - 30/1/2001

3 year old Michel boarded the *Titanic* at Southampton with his father and younger brother Edmond. The boy's parents had recently separated and Mr Navratil had failed to return the boys to their mother after they had stayed with him over the previous weekend, which was Easter. Mr. Navratil was running away with his young sons in order to start a new life with them in America and had booked their all their tickets under an assumed name - Hoffman - to avoid detection. On the night of the sinking, the boys were taken up to the boat deck where they were put in Collapsible D; the last boat to be launched. In the morning, the boys were hauled up onto the *Carpathia*. The two young brothers were dubbed the 'Orphans of the *Titanic*' when it emerged that they were the only children who remained unclaimed by an adult. One of the first-class survivors - Miss Margaret Hays - stepped in and offered to care for the boys at her New York home until family members could be contacted. Their mother, Marcelle Navratil, quickly recognized her boys from newspaper stories and immediately boarded a ship bound for New York where she was reunited with her sons on May 16th. The three were given free first-class tickets when they sailed back to France on the *Oceanic*.

Lillian Renouf 26/2/1882 - 9/7/1933

Peter and Lillian Renouf were returning from a visit to her recently widowed father when they boarded the *Titanic* at Southampton on Wednesday 10th April 1912. Travelling with them were her older twin brothers. On the night of the disaster - April 14th - the men were all playing cards in one of the bars and Lillian was alone in her cabin. The men had seen the iceberg as it bore away from the vessel and rushed back to tell Lillian to dress in some warm clothes and to rush out onto the deck although they thought there was little danger. Most of the passengers thought that the *Titanic* could not sink.

Arriving on the boat deck, she related:

"...The first and second class passengers were calm in the face of the disaster but when the steerage passengers burst up from below, the scramble for places in the boats and the bedlam of noise was awful. Everyone was terribly excited and people forgot everything but their eagerness to get off the sinking ship. It was trembling from stem to stern. The passengers from the steerage were like animals, but an officer with a revolver stood by every boat and ordered the women and children to go first..."

Lillian was rescued from the sinking ship, escaping in lifeboat 12 - her husband and brothers were lost.

1 Why were there so few lifeboats on the Titanic?

- A Because at a cost of £20,000 each, it would have been too expensive.
- B Because the ship's owners felt that too many lifeboats would obstruct the view from the first-class cabins and make the ship less appealing to passing vessels.
- C There were no laws in place which stipulated how many lifeboats a ship should carry.
- D Because all the lifeboats that were ordered weren't delivered on time and the owner of the *Titanic* was forced to take a risk and sail without them.

2 What was the name of the ship that took the survivors on board?

- A RMS Oceanic.
- B RMS Britannic.
- C RMS Atlantic.
- D RMS Carpathia.

3 Which member of Mrs. Renouf's family had recently passed away before they boarded the ill-fated Titanic?

- A Her father.
- B Her aunt.
- C Her grandmother.
- D Her mother.

4 How many of the Titanic's second-class passengers went down with the ship and perished in the disaster?

- A 166.
- B 118.
- C 284.
- D 176.

5 Which was the last lifeboat to be lowered from the Titanic?

- A Collapsible D.
 - B Collapsible B.
 - C Lifeboat number 10.
 - D Lifeboat number 12.
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6 For how long were the young Navratil boys in the care of Miss Hays?

- A They stayed with her for just over a fortnight in her New York home.
 - B Miss Hays looked after them whilst they were on the *Carpathia* - a few hours at most.
 - C The boys stayed at Miss Hays's house for just under a week, until their mother was found.
 - D They stayed with Miss Hays for just over a month.
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7 What was Mrs. Renouf's opinion on the behaviour of the third-class passengers?

- A She admired their courage.
 - B She was overwhelmed by their kindness.
 - C She felt that they behaved like wild creatures.
 - D She was impressed by their chivalry as she witnessed the men from steerage help women and other vulnerable passengers safely into the lifeboats.
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8 How many relatives did Lillian Renouf lose in the disaster?

- A Her two brothers.
- B Three - her husband and her two brothers.
- C Four - Her two brothers, her teenaged daughter and her husband.
- D Five - Her husband, her father and her three sons.

9 Which of the following statements is true?

- Option 1 The sheets in the second-class cabins were changed every other day.
- Option 2 Eva Hart's father was playing chess in the lounge when the ship struck the iceberg.
- Option 3 Eva Hart's nervous mother feared the worst from the moment the ship sailed.
- Option 4 The Titanic set out on its maiden voyage just before Easter 1912.

- A Option 4 only.
 - B Options 2 and 3.
 - C Option 3 only.
 - D Options 1, 2 and 3.
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10 Which of the following statements is true?

- Option 1 Eva Hart was wrapped in a blanket which kept her warm in Lifeboat 15.
- Option 2 Mr. Navratil and his boys were all travelling under false names.
- Option 3 The Titanic was at sea for just over one week before it sank.
- Option 4 Michel was the older of the two Navratil brothers.

- A Options 3 and 4.
 - B Options 2 and 4.
 - C Options 1, 3 and 4.
 - D Option 4 only.
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Words

1	cabin
2	capable
3	capsize
4	cargo
5	carpenter
6	carton
7	cellar
8	chapel
9	cheetah
10	chord
11	clarinet
12	clockwise
13	colossal
14	combine
15	commence
16	compulsory
17	consent
18	console
19	constant
20	crescent

Antonyms

1	first/closing
2	led/followed and
3	work/leisure
4	loathes/loves
5	ordinary/magnificent
6	boring/exciting
7	memorize/forget
8	misaid/found
9	mucky/clean
10	poor/wealthy
11	naughty/obedient
12	essential/unnecessary
13	possibly/definitely
14	public/private
15	bought/sold

Synonyms in context

1	costly
2	brag
3	strict
4	usually
5	sweet
6	immensely
7	extending
8	burning
9	world
10	sections
11	portion
12	options
13	swiftly
14	notion
15	ahead
16	figure

Comprehension

1	B	Because the ship's owners felt that too many lifeboats would obstruct the view from the first-class cabins and make the ship less appealing to passing vessels.
2	D	RMS Carpathia.
3	D	Her mother.
4	A	166.
5	A	Collapsible D.
6	D	They stayed with Miss Hays for just over a month.
7	C	She felt that they behaved like wild creatures.
8	B	Three - her husband and her two brothers.
9	C	Option 3 only.
10	B	Options 2 and 4.